

**Nutritional Facts**  
 Outfitter's Choice (Overstock Outlet)

	<b>Beef Vegetables &amp; Gravy w/Mash Potatoes (2 or 4 serv)</b>		<b>Beef Stroganoff (2 or 4 serv)</b>		<b>MN Minnestrone Soup with Beef (2 or 4 serv)</b>	
<b>Serving Size</b>	1/2 package or 1/4 package		1/2 package or 1/4 package		1/2 package or 1/4 package	
<b>Net weight</b>	5.6oz (158g) or 11.2 (316g)		5.8oz (164g) or 11.60oz (328g)		4oz (113.5g) or 8oz (227g)	
<b>Servings per container</b>	2 or 4		2 or 4		2 or 4	
<b>Calories</b>	274		331		326	
<b>Calories from Fat</b>	16		26		30	
	<b>Grams (g)</b>	<b>Daily Value*</b>	<b>Grams (g)</b>	<b>Daily Value*</b>	<b>Grams (g)</b>	<b>Daily Value*</b>
<b>Total Fat</b>	3	5.0%	6	12.0%	5	8.0%
Saturated Fat	1.3	6.0%	1.3	7.0%	1	5.0%
Trans Fat	0	0.0%	0	0.0%	20mg	7.0%
<b>Cholesterol</b>	20mg	7.0%	20mg	7.0%	1283mg	48.0%
<b>Sodium</b>	1073mg	45.0%	718mg	30.0%	52	26.0%
<b>Total Carbohydrate</b>	51	17.0%	53	18.0%	4.3	17.0%
Dietary Fiber	2.5	10.0%	2	8.0%	1.6	0.0%
Sugars	1.3	0.0%	3	0.0%	18	0.0%
<b>Protein</b>	11	0.0%	16	0.0%	0	0.0%
<b>Calcium</b>	0	0.0%	0	0.0%	0	0.0%
<b>Vitamin A</b>	0	0.0%	0	0.0%	0	0.0%
<b>Vitamin C</b>	0	0.0%	0	0.0%	0	0.0%
<b>Ingredients</b>	Potatoe flakes (potatoes, monodiglyceride, sodium acid pyrophosphate, citric acid), beef gravy (modified food starch, corn syrup solids, salt, partially hydrogenated soybean oil, hydrolyzed corn protein, caramel color, tricalcium phosphate, sugar, cooked beef powder, sodium caseinate (a milk derivate), onion powder, tomato powder, beet powder, dextrose, mono and diglycerides, dipotassium phosphate, sodium citrate, disodium inosinate, natural flavor, xanthan gum, paprika, spice extractive, citric acid, carrageenan), beef, onion carrot, celery, peas, green pepper, leek, tomato. Contains soy, dairy.		Pasta (semolina, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), base (modified food starch, sour cream (cultured cream, nonfat dry mile), corn syrup solids, partially hydrogenated soybean oil, caramel color, natural flavor (maltodextrin, beef extract, soybean oil, salt, hydrolyzed soy protein, natural flavor, silicon dioxide, disodium inosinate, disodium guanylate), mushrooms, beef powder, hydrolyzed corn and soy protein, tricalcium phosphate, onion, sugar, sodium caseinate (a milk derivative) tomato powder, dextrose, disodium inosinate, mono and diglycerides, sodium citrate, dipotassium phosphate, carrageenan, xanthan gum, paprika, beet powder, citric acid, spice extractives), beef. Contains: wheat soy, dairy		Beef, broth (maltodextrin, salt, autolyzed yeast extract, onion, celery spinach, parsley, carrot, garlic, natural flavors, caramel color, spices), broth [tomato, dairy whey, nonfat dry milk, salt, dehydrated onion, guar gum, silicone dioxide (a natural anti-caking agent), natural flavors (contains soybean derivatives), garlic, fructose, basil, celery seed, white pepper, parsley], wild rice, kidney beans, garbanzo beans, onion, potato, carrot, celery, tomato, leek, green pepper, garlic, herbs and spices. Contains soy.	

\* Percent Daily Values (DV) are based on a 2,000 calorie diet

\*\* Not a significant source

**Nutritional Facts**  
**Outfitter's Choice (Overstock Outlet)**

	<b>Chicken Vegetables &amp; Gravy w/Mash Potatoes (2 or 4 serv)</b>		<b>Chicken ala King w/Rice (2 or 4 serv)</b>		<b>Chicken Cream of Wild Rice Soup (2 or 4 serv)</b>	
<b>Serving Size</b>	1/2 package or 1/4 package		1/2 package or 1/4 package		1/2 package or 1/4 package	
<b>Net weight</b>	5.6oz (158g) or 11.2 (316g)		7oz (199g), 14oz (398g)		3.5oz (99g) or 7oz (198g)	
<b>Servings per container</b>	2 or 4		2 or 4		2 or 4	
<b>Calories</b>	284		200		200	
<b>Calories from Fat</b>	13		11		11	
	<b>Grams (g)</b>	<b>Daily Value*</b>	<b>Grams (g)</b>	<b>Daily Value*</b>	<b>Grams (g)</b>	<b>Daily Value*</b>
<b>Total Fat</b>	1	1.0%	2.5	4.0%	7	11.0%
Saturated Fat	1	4.0%	0.9	5.0%	2	9.0%
Trans Fat	0	0.0%	0	0.0%	2.5	0.0%
<b>Cholesterol</b>	24mg	8.0%	30mg	28.0%	24mg	8.0%
<b>Sodium</b>	1056mg	44.0%	659mg	34.0%	928mg	39.0%
<b>Total Carbohydrate</b>	51	17.0%	30	10.0%	28	9.0%
Dietary Fiber	2.5	10.0%	0.3	1.0%	1.2	5.0%
Sugars	1.5	0.0%	0	0.0%	0	0.0%
<b>Protein</b>	12	0.0%	11	0.0%	12	0.0%
<b>Calcium**</b>	0	0.0%	0	0.0%	0	0.0%
<b>Vitamin A**</b>	0	0.0%	0	0.0%	0	0.0%
<b>Vitamin C**</b>	0	0.0%	0	0.0%	0	0.0%
<b>Ingredients</b>	Potatoe flakes (potatoes, monodiglyceride, sodium acid pyrophosphate, citric acid), chicken gravy (modified food starch, corn syrup solids, partially hydrogenated soybean oil, salt, chicken fat, chicken broth, chicken skin and meat, hydrolyzed corn protein, sodium caseinate (a milk derivate), onion powder, silicon dioxide, mono and diglycerides, dipotassium phosphate, sodium citrate, tumeric, disodium inosinate, paprika, xanthan gum, spice extractive (pepper, celery), carrageenan), chicken, onion, carrot, celery, peas, green pepper, leek, tomato. Contains soy, dairy.		Rice [rice, niacin, iron (ferric orthophosphate) and thiamine (thiamiac mononitrate)], chicken base (modified food starch, corn syrup solids, partially hydrogenated soybean oil, salt, chicken broth, chicken fat, chicken skin and meat, sodium caseinate (a milk derivative), hydrolyzed corn and soy protein, tricalcium phosphate, onion powder, mono and diglycerides, dipotassium phosphate, sodium citrate, disodium inosinate, tumeric, paprika, torula yeast, soy flour, xanthan gum, spice extractives, carrageenan), chicken, onion, carrot, peas, celery, green pepper, tomato, leek, broth (maltodextrin, sea salt, autolyzed yeast extract, natural flavor, dehydrated vegetables (onion, celery, parsley, spinach, garlic, carrot), potato flour, soybean oil, xanthan gum, spices, extractive of spices, lecithin). Contains dairy, soy.		Wild rice, chicken, unbleached wheat four, broth (maltodextrin, sea salt, autolyzed yeast extract, natural flavor, dehydrated vegetables (onion, celery, parsley, spinach, garlic, carrot), potato flour, soybean oil, xanthan gum, spices, extractive of spices, lecithin), onion, cream powder (partially hydrogenated soybean oil, corn syrup solids, sodium caseinate, mono and diglycerides, sodium citrate, salt, silicoaluminate, carrageenan, artificial flavors), celery, dried mushroom. Contains wheat, dairy, soy.	

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**Outfitter's Choice (Overstock Outlet)**

	<b>Chicken Noodle Casserole (2 or 4 serv)</b>		<b>Wild Rice Turkey Vegetable Casserole (2 or 4 serv)</b>		<b>Cheesy Potatoes &amp; Vegetables w/Ham (2 or 4serv)</b>	
<b>Serving Size</b>	1/2 package or 1/4 package		1/2 package or 1/4 package		1/2 package or 1/4 package	
<b>Net weight</b>	6.6oz (187g) or 13.2oz (374g)		3.9oz (111g), 7.8oz (222g)		4.5oz (128g) or 9oz (256g)	
<b>Servings per container</b>	2 or 4		2 or 4		2 or 4	
<b>Calories</b>	277		61		229	
<b>Calories from Fat</b>	23		8		42	
	<b>Grams (g)</b>	<b>Daily Value*</b>	<b>Grams (g)</b>	<b>Daily Value*</b>	<b>Grams (g)</b>	<b>Daily Value*</b>
<b>Total Fat</b>	2	4.0%	1	2.0%	6.3	10.5%
Saturated Fat	1	5.0%	0	0.0%	3.2	16.0%
Trans Fat	0	0.0%	0	0.0%	0	0.0%
<b>Cholesterol</b>	24mg	8.0%	28mg	9.0%	40mg	13.0%
<b>Sodium</b>	834mg	36.0%	124mg	5.0%	991mg	50.0%
<b>Total Carbohydrate</b>	54	18.0%	1.5	50.0%	23	8.0%
Dietary Fiber	2	8.0%	0.5	1.0%	1	4.0%
Sugars	3.5	0.0%	0	0.0%	0	0.0%
<b>Protein</b>	10	0.0%	1.5	0.0%	2.7	0.0%
<b>Calcium**</b>	0	0.0%	0	0.0%	0	0.0%
<b>Vitamin A**</b>	0	0.0%	0	0.0%	0	0.0%
<b>Vitamin C**</b>	0	0.0%	0	0.0%	0	0.0%
<b>Ingredients</b>	Noodles (semolina, nicacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), chicken gravy (modified food starch, corn syrup solids, partially hydrogenated soybean oil, salt, chicken fat, chicken broth, chicken skin and meat, hydrolyzed corn protein, sodium caseinate (a milk derivative), onion powder, silicon dioxide, mono and diglycerides, dipotassium phosphate, sodium citrate, tumeric, disodium inosinate, paprika, xanthan gum, spice extractives (pepper, celery), carrageenan), chicken, onion, carrots, celery, broccoli, tomato, green pepper, leek, broth (maltodextrin, sea salt, autolyzed yeast extract, natural flavor, dehydrated vegetables (onion, celery, parsley, spinach, garlic, carrot). Contains wheat, soy.		Wild rice, turkey, onion, broth (toasted onion & onion powder, hydrolyzed soy protein, potato flour, herbs and spices), broth (maltodextrin, salt, autolyzed yeast, autolyzed yeast extract, natural flavor, onion, celery, parsley, spinach, garlic, carrot, potato flour, soybean oil, xanthan gum, spices, extractive of spices, lecithin), soy flour, carrot, mushroom, green pepper, leek, celery, tomato. Contains soy.		Potato, ham, unbleached wheat flour, broth (maltodextrin, sea salt, autolyzed yeast extract), natural flavor, dehydrated vegetables (onion, celery, parsley, spinach, garlic, carrot), cheese (maltodextrin, whey solids, natural cheese flavor, salt), cream powder (partially hydrogenated soybean oil, corn syrup solids, sodium caseinate, mono and diglycerides, sodium citrate, salt, silicoaluminate, carrageenan, artificial flavors), carrots, celery, leek, tomato, green pepper. Contains wheat, soy, dairy.	

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	<b>Spaghetti &amp; Sauce w/Beef Flavor Bits (2 or 4 serv)</b>		<b>Billie's Chili (2 or 4 serv)</b>		<b>Sloppy Joes w/Fryin' Pan Buns (2 or 4 serv)</b>	
<b>Serving Size</b>	1/2 package or 1/4 package		1/2 package or 1/4 package		1/2 package or 1/4 package	
<b>Net weight</b>	7.3oz (207g) or 14.6oz (414g)		7.5oz (213g), 15oz (426g)		6.4oz (181g) or 12.8oz (362g)	
<b>Servings per container</b>	2 or 4		2 or 4		2 or 4	
<b>Calories</b>	355		414		332	
<b>Calories from Fat</b>	17		19		73	
	<b>Grams (g)</b>	<b>Daily Value*</b>	<b>Grams (g)</b>	<b>Daily Value*</b>	<b>Grams (g)</b>	<b>Daily Value*</b>
<b>Total Fat</b>	1.7	3.0%	3.6	5.0%	9	14.0%
Saturated Fat	0.1	1.0%	0.4	3.0%	9	9.0%
Trans Fat	0	0.0%	0.7	0.0%	3.5	3.3%
<b>Cholesterol</b>	.5mg	1.0%	0	0.0%	59mg	20.0%
<b>Sodium</b>	542mg	23.0%	1206mg	50.0%	1900mg	73.0%
<b>Total Carbohydrate</b>	73	24.0%	67	22.0%	43	15.0%
Dietary Fiber	0.4	1.0%	7	25.0%	19	36.0%
Sugars	0	0.0%	7	0.0%	29	0.0%
<b>Protein</b>	10	0.0%	16	0.0%	2.6	0.0%
<b>Calcium**</b>	0	0.0%	0	0.0%	0	0.0%
<b>Vitamin A**</b>	0	0.0%	0	0.0%	0	0.0%
<b>Vitamin C**</b>	0	0.0%	0	0.0%	0	0.0%
<b>Ingredients</b>	Beef flavored crumbles (texturized vegetable protein (soy flour, caramel color), partially hydrogenated soybean oil, water, salt, sugar, hydrogenated corn-soy-wheat protein, autolyzed yeast). Sauce (corn syrup solids, tomato powder, modified food starch, dextrose, salt, onion powder, maltodextrin, spice, paprika, xanthan gum, beet powder, citric acid, onion powder, garlic powder, disodium inosinate and spice extractive.) Pasta (semolina, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid). Contains wheat, soy.		Beef flavored crumbles (texturized vegetable protein (soy flour, caramel color), partially hydrogenated soybean oil, water, salt, sugar, hydrogenated corn-soy-wheat protein, autolyzed yeast), kidney beans, tomatoes, onions, carrots, celery, leeks, broth (maltodextrin, sea salt, autolyzed yeast extract, natural flavor, dehydrated vegetables (onion, celery, parsley, spinach, garlic, carrot), potato flour, soybean oil, xanthan gum, spices, extractive of spices, lecithin), garlic, spices. Contains soy, wheat.		FILLING: Texturized vegetable protein (soy flour, caramel color), tomato powder, sugar, partially hydrogenated soybean oil, onion powder, salt, water, vinegar, hydrogenated corn-soy-wheat protein, potassium chloride, autolyzed yeast, spices, natural flavors, extractives of paprika. Contains wheat & soy. BREAD MIX: Unbleached wheat flour, dry whole egg, aluminum-free baking powder (sodium acid pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate), butter flavor (whey solids, enzyme-modified butter oil and dehydrated butter, corn syrup solids, salt, guar gum, annatto and tumeric (for color), salt. Contains wheat, dairy, soy.	

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	<b>Really Cheesy Mac &amp; Cheese (2 or 4 serv)</b>		<b>Garlic Mashed Potatoes (2 or 4 serv)</b>		<b>Peas (2 or 4serv)</b>	
<b>Serving Size</b>	1/2 package or 1/4 package		1/2 package or 1/4 package		1/2 package or 1/4 package	
<b>Net weight</b>	7oz (199g) or 14oz (398g)		3oz (85g) or 6oz(170g)		1oz (28g) or 2oz (56g)	
<b>Servings per container</b>	2 or 4		2 or 4		2 or 4	
<b>Calories</b>	397		170		17	
<b>Calories from Fat</b>	25		0		0	
	<b>Grams (g)</b>	<b>Daily Value*</b>	<b>Grams (g)</b>	<b>Daily Value*</b>	<b>Grams (g)</b>	<b>Daily Value*</b>
<b>Total Fat</b>	7.6	12.0%	0	0.0%	0	0.0%
Saturated Fat	4	21.0%	0	0.0%	0	0.0%
Trans Fat	1.3	0.0%	0	0.0%	0	0.0%
<b>Cholesterol</b>	3mg	1.0%	0	0.0%	0	0.0%
<b>Sodium</b>	1079mg	45.0%	590mg	25.0%	5mg	0.0%
<b>Total Carbohydrate</b>	68	22.0%	40	14.0%	5	2.0%
Dietary Fiber	3	12.0%	2.5	10.0%	1.5g	6.0%
Sugars	5	0.0%	1.7	0.0%	2.4	0.0%
<b>Protein</b>	14	0.0%	0	0.0%	0	0.0%
<b>Calcium**</b>	0	0.0%	0	0.0%	0	0.0%
<b>Vitamin A**</b>	0	0.0%	0	0.0%	0	0.0%
<b>Vitamin C**</b>	0	0.0%	0	0.0%	0	0.0%
<b>Ingredients</b>	PASTA: semolina, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid. CHEESE SAUCE: Cheddar cheese sauce [cheddar cheese (milk, salt, cheese cultures, enzymes), whey, partially hydrogenated soybean oil, maltodextrin, disodium phosphate, salt, lactic acid, artificial color(f.d & c. yellow #5 and #6), [blue cheese (milk, salt, cheese cultures enzymes), nonfat dry milk and citric acid], modified food starch, whey, American cheese [cheese (milk, salt, cheese cultures, enzymes), disodium phosphate, cream salt, lactic acid], salt, butter powder [butter (cream, salt, annatto), nonfat dry milk, maltodextrin, buttermilk, partially hydrogenated soybean oil, salt, sour cream (cultured cream, nonfat dry milk), disodium phosphate, natural and artificial flavors, lactic acid and citric acid], partially hydrogenated soybean oil, corn syrup solids, cream nonfat dry mil, buttermilk, autolyzed yeast extract, tricalcium phosphate, sodium caseinate (a milk derivative), guar gum, mono and diglycerides, disodium inosinate and citric acid. Contains wheat, dairy, soy.		Potato flakes (potatoes, monodiglyceride, sodium acid pyrophosphate, citric acid), garlic, salt.		Peas.	

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**Outfitter's Choice (Overstock Outlet)**

	<b>Carrots (2 or 4 serv)</b>		<b>Peas &amp; Carrots (2 or 4 serv)</b>		<b>Hash Brown Potatoes &amp; Bacon Egg Scramble (2 or 4 serv)</b>	
<b>Serving Size</b>	1/2 package or 1/4 package		1/2 package or 1/4 package		1/2 package or 1/4 package	
<b>Net weight</b>	2oz (56g) or 4oz (112g)		1.5oz (42g) or 3oz (85g)		6.7oz (190g) or 13.4oz (380g)	
<b>Servings per container</b>	2 or 4		2 or 4		2 or 4	
<b>Calories</b>	17		17		224	
<b>Calories from Fat</b>	0		0		30	
	<b>Grams (g)</b>	<b>Daily Value*</b>	<b>Grams (g)</b>	<b>Daily Value*</b>	<b>Grams (g)</b>	<b>Daily Value*</b>
<b>Total Fat</b>	0	0.0%	0	0.0%	8	13.0%
Saturated Fat	0	0.0%	0	0.0%	2	9.0%
Trans Fat	0	0.0%	0	0.0%	1.2	0.0%
<b>Cholesterol</b>	0	0.0%	0	0.0%	2.7mg	1.0%
<b>Sodium</b>	5mg	0.0%	5mg	0.0%	1109mg	46.0%
<b>Total Carbohydrate</b>	5	2.0%	5	2.0%	23	8.0%
Dietary Fiber	1.5	6.0%	1.5	6.0%	2	8.0%
Sugars	2.4	0.0%	2.4	0.0%	7	0.0%
<b>Protein</b>	0	0.0%	0	0.0%	15	0.0%
<b>Calcium**</b>	0	0.0%	0	0.0%	0	0.0%
<b>Vitamin A**</b>	0	0.0%	0	0.0%	0	5.0%
<b>Vitamin C**</b>	0	0.0%	0	0.0%	0	0.0%
<b>Ingredients</b>	Carrots, granulated sugar, dextrose, tapioca, soy lecithin (processing aid).		Carrots (carrots, granulated sugar, dextrose, tapioca, soy lecithin, (processing aid)), peas.		Hasbrow potatoes (potatoes, sodium metabisulfite, soy lecithin), imitation bacon crumbles (texturized vegetable protein (soy flour, caramel color, red 3), partially hydrogenated soybean oil, water, salt, artificial flavoring (hydrolyzed corn-soy-wheat protein, autolyzed yeast extract, partially hydrogenated soybean/cottonseed oils, thiamine hydrochloride, dextrose, disodium inosinate, disodium guanylate, artificial flavor), sugar, natural smoke flavors, caramel color, corn syrup, maple syrup), nonfat drymilk, dry whole egg, onions, broth (maltodextrin, sea salt, autolyzed yeast extract, natural flavor, dehydrated vegetables (onion, celery, parsley, spinach, garlic, carrot), potato flour, soybean oil, xanthan gum, spices, extractive of spices, lecithin), salt, pepper. Contains wheat, dairy & soy.	

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Outfitter's Choice (Overstock Outlet)

	<b>Buttermilk Pancakes (2 or 4 serv)</b>		<b>Blueberry Buttermilk Pancakes (2 or 4 serv)</b>		<b>Fryin' Pan Bread - Garlic (2 serv)</b>	
<b>Serving Size</b>	1/2 package or 1/4 package		1/2 package or 1/4 package		1/2 package	
<b>Net weight</b>	5.9oz (167g) or 11.8oz (334g)		5.9oz (167g) or 11.8oz (334g)		3oz (85g)	
<b>Servings per container</b>	2 or 4		2 or 4		2	
<b>Calories</b>	413		413		121	
<b>Calories from Fat</b>	126		126		0	
	<b>Grams (g)</b>	<b>Daily Value*</b>	<b>Grams (g)</b>	<b>Daily Value*</b>	<b>Grams (g)</b>	<b>Daily Value*</b>
<b>Total Fat</b>	5	8.0%	5	8.0%	2.85	3.9%
Saturated Fat	1	6.0%	1.2	6.0%	0.09	5.0%
Trans Fat	1.2	0.0%	20mg	7.0%	0.5	0.0%
<b>Cholesterol</b>	20mg	7.0%	1151mg	44.0%	117mg	35.0%
<b>Sodium</b>	1151mg	44.0%	80	28.0%	473.8mg	20.0%
<b>Total Carbohydrate</b>	80	28.0%	3	12.0%	17.71	6.0%
Dietary Fiber	3	12.0%	14	0.0%	0.5	2.0%
Sugars	14	0.0%	10	0.0%	3.2	0.0%
<b>Protein</b>	10	0.0%	0	0.0%	5.25	0.0%
<b>Calcium**</b>	0	0.0%	0	0.0%	0	0.0%
<b>Vitamin A**</b>	0	0.0%	0	0.0%	0	0.0%
<b>Vitamin C**</b>	0	0.0%	0	0.0%	0	0.0%
<b>Ingredients</b>	Enriched wheat flour bleached (flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), sugar, leavening (baking soda, sodium aluminum phosphate, monocalcium phosphate), partially hydrogenated vegetable oil (soybean and or cottonseed oil), dextrose, soy flour, nonfat dry milk, salt, dry whole egg, dry buttermilk, wheat starch, citric acid.		Enriched wheat flour bleached (flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), sugar, leavening (baking soda, sodium aluminum phosphate, monocalcium phosphate), partially hydrogenated vegetable oil (soybean and or cottonseed oil), dextrose, soy flour, nonfat dry milk, salt, dry whole egg, dry buttermilk, wheat starch, citric acid, real blueberries.		Unbleached wheat flour, sugar, aluminum-free baking powder (sodium and pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate), salt, herbs and spices, dried whole egg, butter flavor (whey solids, enzyme-modified butter oil and dehydrated butter, corn syrup solids, salt, guar gum, annatto and tumeric (for color)), garlic.	

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	Fryin' Pan Bread - Onion (2 or 4 serving)		Fryin' Pan Bread - Italian (2 or 4 serving)		Fryin' Pan Bread - Dill (2 or 4 serv)	
<b>Serving Size</b>	1/2 package or 1/4 package		1/2 package or 1/4 package		1/2 package or 1/4 package	
<b>Net weight</b>	3.2oz (91g)		3oz (85g)		3oz (85g)	
<b>Servings per container</b>	2 or 4		2 or 4		2 or 4	
<b>Calories</b>	121		121		121	
<b>Calories from Fat</b>	0		0		0	
	Grams (g)	Daily Value*	Grams (g)	Daily Value*	Grams (g)	Daily Value*
<b>Total Fat</b>	2.85	3.9%	2.85	3.9%	2.85	3.9%
Saturated Fat	0.09	5.0%	0.09	5.0%	0.09	5.0%
Trans Fat	0.5	0.0%	0.5	0.0%	0.5	0.0%
<b>Cholesterol</b>	117mg	35.0%	117mg	35.0%	117mg	35.0%
<b>Sodium</b>	473.8mg	20.0%	473.8mg	20.0%	473.8mg	20.0%
<b>Total Carbohydrate</b>	17.71	6.0%	17.71	6.0%	17.71	6.0%
Dietary Fiber	0.5	2.0%	0.5	2.0%	0.5	2.0%
Sugars	3.2	0.0%	3.2	0.0%	3.2	0.0%
<b>Protein</b>	5.25	0.0%	5.25	0.0%	5.25	0.0%
<b>Calcium**</b>	0	0.0%	0	0.0%	0	0.0%
<b>Vitamin A**</b>	0	0.0%	0	0.0%	0	0.0%
<b>Vitamin C**</b>	0	0.0%	0	0.0%	0	0.0%
<b>Ingredients</b>	Unbleached wheat flour, sugar, aluminum-free baking powder (sodium and pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate), salt, herbs and spices, dried whole egg, butter flavor (whey solids, enzyme-modified butter oil and dehydrated butter, corn syrup solids, salt, guar gum, annatto and tumeric (for color)), onion.		Unbleached wheat flour, sugar, aluminum-free baking powder (sodium and pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate), salt, herbs and spices, dried whole egg, butter flavor (whey solids, enzyme-modified butter oil and dehydrated butter, corn syrup solids, salt, guar gum, annatto and tumeric (for color)), herbs & spices.		Unbleached wheat flour, sugar, aluminum-free baking powder (sodium and pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate), salt, herbs and spices, dried whole egg, butter flavor (whey solids, enzyme-modified butter oil and dehydrated butter, corn syrup solids, salt, guar gum, annatto and tumeric (for color)), dill.	

\* Percent Daily Values (DV) are based on a 2,000 calorie diet

\*\* Not a significant source



**Nutritional Facts**  
**Outfitter's Choice (Overstock Outlet)**

	<b>Chocolate Pie (2 or 4 serving)</b>		<b>Lemon Pie (2 or 4 serving)</b>		<b>Banana Cream Pie (2 or 4 serving)</b>	
<b>Serving Size</b>	1/2 package or 1/4 package		1/2 package or 1/4 package		1/2 package or 1/4 package	
<b>Net weight</b>	4oz (113g) or 8oz (226g)		4.4oz (125g) or 8.8oz (250g)		4oz (113g) or 8oz (226g)	
<b>Servings per container</b>	2 or 4		2 or 4		2 or 4	
<b>Calories</b>	247		275		414	
<b>Calories from Fat</b>	45		15		19	
	<b>Grams (g)</b>	<b>Daily Value*</b>	<b>Grams (g)</b>	<b>Daily Value*</b>	<b>Grams (g)</b>	<b>Daily Value*</b>
<b>Total Fat</b>	9	15.0%	6.5	10.0%	7.7	12.0%
Saturated Fat	0.13	1.0%	0.1	0.0%	1	5.0%
Trans Fat	0	0.0%	0	0.0%	0	0.0%
<b>Cholesterol</b>	1mg	1.0%	6.6mg	3.0%	6.6mg	3.0%
<b>Sodium</b>	523mg	22.0%	146mg	6.0%	275mg	11.0%
<b>Total Carbohydrate</b>	43	15.0%	50	16.0%	29	10.0%
Dietary Fiber	0.5	2.0%	0.2	1.0%	0.5	2.0%
Sugars	15	0.0%	38	0.0%	25	0.0%
<b>Protein</b>	1.7	0.0%	2	0.0%	3	0.0%
<b>Calcium**</b>	0	0.0%	0	0.0%	0	0.0%
<b>Vitamin A**</b>	0	0.0%	0	0.0%	0	0.0%
<b>Vitamin C**</b>	0	0.0%	0	0.0%	0	0.0%
<b>Ingredients</b>	FILLING: sugar, nonfat dry milk solids, food starch modified, Dutch cocoa, tetra sodium pyrophosphate, disodium phosphate, partially hydrogenated vegetable shortening [soybean oil, corn syrup solids, sodium caseinate, mono & diglycerides, dipotassium phosphate), salt, potassium sorbate (a preservative), titanium dioxide, artificial flavor). CRUST: Cocoa meal [wheat flour, sugar, soybean oil, molasses, cocoa, salt, brown sugar, sodium bicarbonate, artificial color (f.d.&c Red #40, Blue #1, Yellow #6)], soybean oil, sugar, enriched bleached wheat flour, (wheat flour, niacin, reduced iron thiamin, riboflavin), cocoa. Contains wheat, dairy.		FILLING:sugar, food starch modified, dextrose, monocalcium phosphate, fuamric acid, disodium phosphate, carrageenan, maltodextrin, salt, natural flavor, titanium oxide (as color), yellow 5, yellow 6, soy lecithin, sulfites. CRUST: graham meal [wheat flour, graham flour, soybean oil, sugar, molasses, salt, dextrose, sodium bicarbonate, honey] soybean oil, sugar, enriched bleached wheat flour, (wheat flour, niacin, reduced iron thiamin, riboflavin). Contains wheat, dairy.		Filling (sugar, nonfat dry milk solids, food starch modified, titanium dioxide, tetra sodium pyrophosphate, monocalcium phosphate, disodium phosphate, artificial flavors, potassium sorbate (a preservative), yellow 5 and6), banana flakes. CRUST: graham meal [wheat flour, graham flour, soybean oil, sugar, molasses, salt, dextrose, sodium bicarbonate, honey] soybean oil, sugar, enriched bleached wheat flour, (wheat flour, niacin, reduced iron thiamin, riboflavin). Contains wheat, dairy.	

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\*\* Not a significant source

**Nutritional Facts**  
Outfitter's Choice (Overstock Outlet)

	<b>Pumpkin Flavored Pie (2 or 4 serving)</b>		<b>Hot Apple Dessert (2 or 4 serving)</b>		<b>Scrambled Eggs (2 or 4 serving)</b>	
<b>Serving Size</b>	1/2 package or 1/4 package		1/2 package or 1/4 package		1/2 package or 1/4 package	
<b>Net weight</b>	5oz (142g) or 10oz (284g)		5oz (142g) or 10oz (284g)		2oz (54g) or 4oz (108g)	
<b>Servings per container</b>	2 or 4		2 or 4		2 or 4	
<b>Calories</b>	300		193		148	
<b>Calories from Fat</b>	12		24		86	
	<b>Grams (g)</b>	<b>Daily Value*</b>	<b>Grams (g)</b>	<b>Daily Value*</b>	<b>Grams (g)</b>	<b>Daily Value*</b>
<b>Total Fat</b>	8	0.0%	0	0.0%	10	15.0%
Saturated Fat	1	5.0%	0	0.0%	3	15.0%
Trans Fat	0	0.0%	0	0.0%	0	0.0%
<b>Cholesterol</b>	6.6mg	3.0%	0mg	0.0%	403mg	134.0%
<b>Sodium</b>	271mg	11.0%	0mg	0.0%	209mg	11.0%
<b>Total Carbohydrate</b>	54	18.0%	20	14.0%	5	2.0%
Dietary Fiber	1.6	6.0%	2	8.0%	0	0.0%
Sugars	30	0.0%	17	0.0%	0	0.0%
<b>Protein</b>	3	0.0%	0	0.0%	10	0.0%
<b>Calcium**</b>	0	0.0%	0	0.0%		4.0%
<b>Vitamin A**</b>	0	0.0%	0	0.0%		30.0%
<b>Vitamin C**</b>	0	0.0%	0	0.0%		1.0%
<b>Iron</b>						10.0%
<b>Ingredients</b>	Filling: yams (dehydrated sweet potatoes, sodium acid pyrophosphate, tetra sodium phosphate), lemon juice (corn syrup solids, lemon solids, lemon oil), salt, spices. CRUST: graham meal [wheat flour, graham flour, soybean oil, sugar, molasses, salt, dextrose, sodium bicarbonate, honey] soybean oil, sugar, enriched bleached wheat flour, (wheat flour, niacin, reduced iron, thiamin, riboflavin). Contains wheat.		Apples, corn syrup solids, cinnamon.		Egg (a homogenized and pasteurized blend of whole egg, non-fat milk, vegetable oil and salt). Contains dairy.	

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\*\* Not a significant source

**Nutritional Facts**  
Outfitter's Choice (Overstock Outlet)

	Scrambled Eggs w/Bacon Bits		Scrambled Eggs with Ham Bits		Scrambled Eggs w/Sausage Bits	
<b>Serving Size</b>	1/2 package or 1/4 package		1/2 package or 1/4 package		1/2 package or 1/4 package	
<b>Net weight</b>	3oz (88g) or 6oz (176g)		3oz (88g) or 6oz (176g)		3oz (88g) or 6oz (176g)	
<b>Servings per container</b>	2 or 4		2 or 4		2 or 4	
<b>Calories</b>	266		269		265	
<b>Calories from Fat</b>	146		140		137	
	<b>Grams (g)</b>	<b>Daily Value*</b>	<b>Grams (g)</b>	<b>Daily Value*</b>	<b>Grams (g)</b>	<b>Daily Value*</b>
<b>Total Fat</b>	17	26.0%	16	25.0%	16	25.0%
Saturated Fat	4	20.0%	4	20.0%	4	20.0%
Trans Fat	2	0.0%	2	0.0%	0	0.0%
<b>Cholesterol</b>	403mg	134.0%	403mg	134.0%	403mg	134.0%
<b>Sodium</b>	872mg	37.0%	712mg	32.0%	344mg	15.0%
<b>Total Carbohydrate</b>	12	4.0%	13	4.0%	13	4.0%
Dietary Fiber	3	9.0%	4	12.0%	4	12.0%
Sugars	2	0.0%	3	0.0%	3	0.0%
<b>Protein</b>	20	0.0%	22	0.0%	22	0.0%
<b>Calcium**</b>		4.0%		4.0%		5.0%
<b>Vitamin A**</b>		34.0%		34.0%		30.0%
<b>Vitamin C**</b>		1.0%		1.0%		1.0%
<b>Iron</b>		11.0%		11.0%		11.0%
<b>Ingredients</b>	Egg (a homogenized and pasteurized blend of whole egg, non-fat milk, vegetable oil and salt), bacon bits (textured vegetable protein (soy flour, caramel color, red 3), partially hydrogenated soybean oil, water, salt, artificial flavoring (hydrolyzed corn-soy-wheat protein, autolyzed yeast extract, partially hydrogenated soybean/cottonseed oils, thiamine hydrochloride, dextrose, disodium inosinate, disodium guanylate, artificial flavor), sugar, natural smoke flavors, caramel color, corn syrup, maple syrup). Contains: soy, dairy, wheat.		Egg (a homogenized and pasteurized blend of whole egg, non-fat milk, vegetable oil and salt), ham bits (textured vegetable protein (soy flour, red 3), partially hydrogenated soybean oil, water, salt, hydrolyzed corn-soy-wheat protein, brown sugar, autolyzed yeast extract, smoke flavoring, artificial flavoring, thiamine hydrochloride, dextrose, partially hydrogenated cottonseed oil, disodium inosinate, disodium guanylate, spice extract). Contains: soy, wheat, dairy		Egg (a homogenized and pasteurized blend of whole egg, non-fat milk, vegetable oil and salt), sausage bits (textured vegetable protein (soy flour, caramel color), soybean oil, water, salt, hydrolyzed corn-soy-wheat protein, natural maple flavoring (water, corn syrup, caramel color, maple syrup, natural flavoring, sodium benzoate), natural flavorings. Contains: soy, wheat, dairy	

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\*\* Not a significant source

**Nutritional Facts**  
**Outfitter's Choice (Overstock Outlet)**

	Cheese Omelet		Western Omelet		Tex Mex Egg Scramble	
<b>Serving Size</b>	1/2 package or 1/4 package		1/2 package or 1/4 package		1/2 package or 1/4 package	
<b>Net weight</b>	2.1oz (60g) or 4.2oz (120g)		2.3oz (64g) or 4.6oz (128g)		3.4oz (94g) or 6.8oz (188g)	
<b>Servings per container</b>	2 or 4		2 or 4		2 or 4	
<b>Calories</b>	169		150		265	
<b>Calories from Fat</b>	92		86		111	
	<b>Grams (g)</b>	<b>Daily Value*</b>	<b>Grams (g)</b>	<b>Daily Value*</b>	<b>Grams (g)</b>	<b>Daily Value*</b>
<b>Total Fat</b>	11	16.0%	10	15.0%	13	20.0%
Saturated Fat	3	15.0%	3	15.0%	3	15.0%
Trans Fat	0	0.0%	0	0.0%	0	0.0%
<b>Cholesterol</b>	406mg	135.0%	403mg	134.0%	403mg	134.0%
<b>Sodium</b>	336mg	14.0%	219mg	11.0%	508mg	22.0%
<b>Total Carbohydrate</b>	8	3.0%	5	2.0%	14	5.0%
Dietary Fiber	0	0.0%	0	0.0%	4	12.0%
Sugars	1	0.0%	0	0.0%	2	0.0%
<b>Protein</b>	10	0.0%	10	0.0%	23	0.0%
<b>Calcium**</b>		5.0%		4.0%		5.0%
<b>Vitamin A**</b>		30.0%		30.0%		30.0%
<b>Vitamin C**</b>		1.0%		1.0%		1.0%
<b>Iron</b>		10.0%		10.0%		10.0%
<b>Ingredients</b>	Egg (a homogenized and pasteurized blend of whole egg, non-fat milk, vegetable oil and salt), cheese (natural cheddar cheese flavor, enhancer prepared from enzyme-modified cheddar cheese, spray dried with whey solids and maltodextrin). Contains: dairy.		Egg (a homogenized and pasteurized blend of whole egg, non-fat milk, vegetable oil and salt), onion, peppers. Contains: dairy.		Egg (a homogenized and pasteurized blend of whole egg, non-fat milk, vegetable oil and salt), taco bits (textured vegetable protein (soy flour, caramel color, zinc oxide, ferrous sulfate, niacinamide, calcium pentothenate, pyridoxine hydrochloride, riboflavin, thiamine mononitrate, vitamin A palmitate, cyanocobalamin), water, soybean oil, hydrolyzed corn-soy-wheat protein, onion powder, autolyzed yeast extract, salt, spice, natural flavorings, extractives of paprika), onion, peppers. Contains: soy, wheat, dairy	

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\*\* Not a significant source

**Nutritional Facts**  
Outfitter's Choice (Overstock Outlet)

	Ham & Cheese Omelet		Hashbrowns		Corn	
<b>Serving Size</b>	1/2 package or 1/4 package		1/2 package or 1/4 package		1/2 package or 1/4 package	
<b>Net weight</b>	3.3oz (93g) or 6.6oz (186g)		3oz (86g) or 6oz (172g)		2oz (56g) or 4oz (112g)	
<b>Servings per container</b>	2 or 4		2 or 4		2 or 4	
<b>Calories</b>	290		166		30	
<b>Calories from Fat</b>	146		55		0	
	<b>Grams (g)</b>	<b>Daily Value*</b>	<b>Grams (g)</b>	<b>Daily Value*</b>	<b>Grams (g)</b>	<b>Daily Value*</b>
<b>Total Fat</b>	17	25.0%	2.6	4.0%	0	0.0%
Saturated Fat	4	20.0%	0.35	2.0%	0	0.0%
Trans Fat	2	0.0%	1.2	0.0%	0	0.0%
<b>Cholesterol</b>	406mg	135.0%	0	0.0%	0	0.0%
<b>Sodium</b>	839	35.0%	365	15.0%	0	0.0%
<b>Total Carbohydrate</b>	16	5.0%	32	10.0%	6	2.0%
Dietary Fiber	4	0.0%	31	62.0%	1	4.0%
Sugars	13	0.0%	3.25	0.0%	0	0.0%
<b>Protein</b>	13	0.0%	0	0.0%	0	0.0%
<b>Calcium**</b>		5.0%	0	0.0%		0.0%
<b>Vitamin A**</b>		30.0%	0	0.0%		0.0%
<b>Vitamin C**</b>		1.0%	0	0.0%		0.0%
<b>Iron</b>		10.0%	0	0.0%		0.0%
<b>Ingredients</b>	Egg (a homogenized and pasteurized blend of whole egg, non-fat milk, vegetable oil and salt), ham bits (textured vegetable protein (soy flour, red 3), partially hydrogenated soybean oil, water, salt, hydrolyzed corn-soy-wheat protein, brown sugar, autolyzed yeast extract, smoke flavoring, artificial flavoring, thiamine hydrochloride, dextrose, partially hydrogenated cottonseed oil, disodium inosinate, disodium guanylate, spice extract), cheese (natural cheddar cheese flavor, enhancer prepared from enzyme-modified cheddar cheese, spray dried with whey solids and maltodextrin). Contains: soy, wheat, dairy		Dehydrated potatoes, partially hydrogenated soybean or canola oil, salt, onion powder, dextrose, calcium stearoyl-2-lactylate, and monoglycerides, Freshness preserved with sodium bisulfite.		Corn	

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\*\* Not a significant source